

PRODUCT LIST

EAST INDIA COMPANY LTD

WWW.EASTINDIA.CA

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SPICES

ALL SPICE WHOLE/ POWDER

ANISE

BASIL

BAY LEAVES/POWDER

BISHOP SEEDS

BLACK PEPPERCORN

BLACK SALT POWDER

CAJUN SPICE

CARAWAY SEEDS

CARDAMOM – BLACK

CARDAMOM – DECORTICATED AND
POWDER

CARDAMOM PODS GREEN – S/M/L/XL

CHIPOTLE SPICE

CINNAMON BARK

CINNAMON POWDER

CINNAMON ROUND- 3IN 6IN 12IN

CITRIC ACID/ LEMON POWDER

CLOVES WHOLE/ POWDER

CORIANDER WHOLE/POWDER

CUMIN – SEEDS/POWDER

CURRY LEAVES

CURRY POWDER – HOT/MILD

DILL WEED

FENNEL SEEDS/POWDER

FENUGREEK POWDER

GARAM MASALA

GARLIC FLAKES LARGE

GARLIC FLAKES MEDIUM

GARLIC FLAKES SMALL

GARLIC POWDER

GHOST CHILLIES/BHUT JALOKIA

GINGER DRY WHOLE/ POWDER

GREEN PEPPERCORN

HIMALAYAN ROCK SALT FINE GROUND

HIMALAYAN ROCK SALT MEDIUM

HOLY BASIL

HOT CHILLI FLAKES

HOT CHILLI WHOLE/POWDER

ITALIAN SEASONING

JERK SEASONING

KAFFIR LIME LEAVES

LEMON PEPPER

LEMONGRASS

MANGO POWDER

MARJORAM

MILD CHILLI WHOLE/POWDER

MINT DRY

MINT LEAVES

MONTRÉAL STEAK SPICE

MOUNTAIN ROCK SALT – LARGE
CHUNKS

MSG

MUSTARD SEED/POWDER

NIGELLA SEEDS/ONION SEEDS

NUTMEG WHOLE/POWDER

ONION FLAKES

ONION FRIED

ONION POWDER

PAPADUMS/INDIAN CHIP

PARSLEY

PICKLING SPICE

POPPY SEEDS BLUE

POPPY SEEDS WHITE

RED CHILLI WHOLE

RED/PINK PEPPERCORN

ROSE SYRUP

ROSEMARY

SAFFRON – SPANISH

1/2/5/10/20 GRAM

SAFFRON POWDER – *10G GLASS JAR*

SAGE

SAVOURY

SEA SALT

STAR ANISE

SUMAC

TANDOORI MASALA

TARRAGON

THYME WHOLE/POWDER

TURMERIC WHOLE/ POWDER

WEST INDIAN CURRY POWDER

WHITE PEPPERCORN

RICE

ARBORIO RICE (RISOTTO)

BASMATI RICE BROWN

BASMATI RICE LONG GRAIN

BASMATI RICE LOW GLYCEMIC INDEX/
DIABETIC

FORBIDDEN RICE - BLACK (SUSHI)

STICKY RICE

WILD RICE

FOOD ESSENCE

ALMOND

BIRYANI

COCONUT

MANGO

ROSE WATER

VANILLA

FOOD COLOUR

GREEN

ORANGE

RED

YELLOW

*SMALL AND LARGE SIZES AVAILABLE

CHILLI POWDER/ CURRY POWDER

CAYENNE PEPPER
CHILLI - CURD (YOGHURT) DRY
CURRY POWDER - MADRAS
CURRY POWDER "BOLSTS" (HOT)
GHOST CHILLIES/BHUT JALOKIA –
OVER 1,000,000 SHU *CAUTION*
HOT CHILLI FLAKES
HOT CHILLI POWDER
HOT CHILLI WHOLE
KASHMIRI CHILLI POWDER/ WHOLE –
MILD*
PAPRIKA - SMOKED
PAPRIKA – SPANISH/HUNGARIAN
RED CHILLI WHOLE

COCONUT

POWDER
SLICED
GRATED UNSWEETENED
GRATED SWEET
RAINBOW COLOURED SWEET
COCONUT MILK
COCONUT CREAM
COCONUT POWDER
COCONUT FLAKES
COCONUT FLOUR - ORGANIC
COCONUT OIL – REGULAR/ORGANIC

DRIED FRUIT/FRUIT

APRICOTS INDIAN –SUNDRIED
APRICOTS PITTED
BLUEBERRIES (DRIED)
CHERRIES
CRANBERRIES
CURRENTS
DATES
GINGER SLICES SUGAR COATED
GLAZED MIXED FRUIT
RAISINS GOLDEN S/XL
GOOSEBERRY IN SYRUP
RAISINS GREEN –INDIA
RAISINS – LARGE BLACK
GUAVA JUICE 1 LITRE
GUAVA PASTE
MANGO JUICE – 1 LITRE
MANGO POWDER
MANGO PULP – ALPHONSO/KESAR
MANGO SLICES DRY
PAPAYA DRIED
PINEAPPLE DRY
POMEGRANATE SEEDS
PRUNES DRIED
SUGAR CANE SUGAR – RAW, NATURAL
ALL SIZES
TAMARIND – SUGAR COATED
TAMARIND

LENTILS/SEEDS/FLOUR

ADZUKI BEANS

AMARANTH FLOUR

BAKING POWDER

BARLEY WHOLE

BLACK EYE BEANS

BLACK TURTLE BEANS

BULGUR – TABOULEH

CHIA SEEDS

CHICK PEAS IN WATER

CHICK PEAS SPLIT

CHICKPEAS 9MM/8MM/7MM

CORN DRY

COUSCOUS

COUSCOUS – ISRAELI

CRACKED WHEAT

FLATTENED RICE FLAKES

FLAX SEED WHOLE/POWDER

FENNEL – SUGAR COATED

GREEN GRAM

HEMP SEEDS/HEARTS

HORSE BEAN

HORSE GRAM

KIDNEY BEANS (DARK RED/LIGHT RED)

PEARL BARLEY

PEAS

PUFFED RICE

PUMPKIN SEEDS

QUINOA BLACK/RED – ORGANIC

QUINOA FLOUR – ORGANIC

QUINOA WHITE – ORGANIC

RED LENTIL

RICE FLOUR

ROASTED PEAS

SEMOLINA

SESAME SEEDS HULLED/NATURAL

SEVEN GRAIN FLOUR

SORGAM FLOUR

SOYA BEANS

SOYA CHUNKS

SPELT FLOUR/WHOLE

SPLIT BENGAL GRAM

SPLIT ROASTED CHICKPEAS

STEEL CUT OATS

SUNFLOWER SEEDS

SWEET CORN FLOUR

TAPIOCA SEEDS

WATER CHESTNUT FLOUR

WHOLE WHEAT

WHOLE WHEAT FLOUR/ ATTA

YEAST

YELLOW WHOLE PEAS

**All lentils typically available in the following varieties - whole with and without skin, and split with and without skin*

PASTES/SAUCES

CHILLI GARLIC SAUCE
CURRY PASTES – SEVERAL
HOT AND SWEET SAUCE
MANGO CHUTNEY
PICKLED INDIAN VEGETABLES
ROSE PASTE
SWEET CHILLI SAUCE
TAMARIND SAUCE

NUTS

ALMOND POWDER
ALMOND SLICES
ALMOND SLIVERS
ALMOND WHOLE
ALMONDS BLANCHED
CASHEWS – PIECES S/L
CASHEWS RAW
CASHEWS ROASTED/SALTED
HAZELNUT
PEANUTS PINK
PEANUTS RED
PEANUTS SKIN/LESS
PECANS
PINE NUTS
PISTACHIOS
PUMPKIN SEEDS
WALNUTS

OILS

ALMOND OIL
COCONUT OIL
MUSTARD SEED OIL
PURE DESI GHEE/CLARIFIED BUTTER
SESAME OIL
TRUFFLE – SALSA TARTUFATA
TRUFFLE HONEY
TRUFFLE OIL WHITE – 5%
TRUFFLE PASTE BLACK/WHITE

*All truffle products use 100% extra virgin olive oil and originate from Italy.